

NORTH SYDNEY BOYS HIGH SCHOOL FALCON SPORT

2022-2023 Falcon Sport Timetable

| Falcon Sport | MON | TUE | WED | THU | FRI |
|-------------------------|----------------------------------------------------------------------|--------------|-------------|--------------|----------------|
| Badminton * | | | 3-5pm | | 3:30-5:30pm |
| Basketball (one session | 3:15-5pm | 3:15-5pm | | 3:15-5pm | |
| only) * + | | | | | |
| Orienteering | FLEXIBLE ATTENDANCE: We compete in external competitions (mostly SAT | | | | |
| | mornings; also Sunday/some weekday afternoons) | | | | |
| Squash ++ | | Coaching | | | Coaching and |
| Willoughby Squash Club | | and training | | | training |
| | | 4-5pm | | | 4-5pm |
| Table tennis | Make up | | | | Coaching |
| Willoughby Squash Club | session | | | | 4-5pm |
| | 4-5pm | | | | |
| Taekwondo | Various times available MONDAY - SATURDAY | | | | |
| ZidoHub Chatswood | | | | | |
| Tennis * | | Coaching | | | Coaching |
| | | 3:20- | | | 3:20-4:20pm or |
| | | 4:20pm | | | 3:20-4:50pm |
| Volleyball * | | | 7:15-8:30am | Coaching | |
| | | | (no coach | and training | |
| | | | practice) | 3:30- | |
| | | | | 5:30pm | |
| | | | | | |

 $[\]ensuremath{^{*}}$ Coaching and training are on the school grounds.

⁺⁺ Squash competitions available Saturday mornings, junior social round robins, and other match play opportunities (please enquire). Times and days are subject to change

| Sport | Convenor | Contact | | |
|--------------|----------------------------|---------------------------------|--|--|
| Badminton | Rachel Yeo | falconbminton@gmail.com | | |
| Basketball | Hong Liu | falconbb.nsbhs@gmail.com | | |
| Orienteering | Yan Han | nsbhs.orienteering@gmail.com | | |
| Squash | Yan Han | falconsquash.nsbhs@gmail.com | | |
| Table tennis | Henry Xue Zhang | falcontabletennis2022@gmail.com | | |
| Tennis | Vickie Ma | falconsporttennis@gmail.com | | |
| Taekwondo | ZiChuan Lim | chungdotkdsyd@gmail.com | | |
| Volleyball | Juliana Wong and Wenyun Ji | volleyball.nsbhs@gmail.com | | |

If you have any questions about Falcon Sport please send your email to nsbhsfsp@gmail.com

⁺ Basketball games are played on Friday or Saturday for U13 and U14. Older age groups will vary during the week depending on division.